

CASE: 1

1. **Title of Practice:** A talk on “Circular Economy for Productivity and sustainability”
2. **Objective of the Practice:**
 - i. To create awareness for preserving and enhancing natural capital by controlling finite stocks and balancing renewable resource flows.
 - ii. To throw light on solid waste management.
 - iii. To highlight the initiative taken by Govt. Of India to educate the youths of the country about circular economy which focuses on 3R’s of Waste and Resources Management-Reduce, Recycle and Reuse.
3. **The Context:** As a part, the observation of Natural Productivity Week (w.e.f. 12th February, 2019 to 18th February 2018), the NSS Unit of the college organized a special talk on “Circular Economy for Productivity and sustainability”, on the 15th of February 2019. The programme hosted by the Programme Officer of the NSS Unit of the College was started with the singing of the NSS theme song. In the importance of adopting circular economy for the Preservation of Various resources of the country and also on the initiatives taken by the Govt. Of India to Educate the youths of the nation about circular economy which focuses on 3R’s of waste and resource management i.e. Reduce, Recycle and Reuse.
4. **The Practice:** Even the laymen can contribute to the circular economy through a combination of reduce, reuse and recycle activities. The college also has attempted the following initiatives as mean of waste management:
 - Recycling of unused papers.
 - Making organic fertilizers by using the fallen leaves of trees and other raw material like cow dung etc.
5. **Evidence of Success:** The unused white papers are assembled and given the shape of a note book which is indeed done manually and distributed among the needy students in gratis. Besides, the organic fertilizers made out of the fallen leaves and cowdung are used as manure in the college gardening.



Principal
Khowang College
Khowang Ghat

CASE: 2

1. **Title of Practice:** Blood donation camp.
2. **Objective of the Practice:**
 - i. To motivate people to donate blood and social works.
 - ii. To sensitise the need of donating blood to the needy in time.
 - iii. To instil the feeling of helping others to breathe life with their precious donation.
 - iv. To make the masses aware of the scientific information about blood group.
3. **The Context:** The NSS unit of the college in collaboration with State of the Art Model Blood Bank, AMCH, Dibrugarh conducted an awareness cum blood donation camp in a neighbouring village of the college on the 14th of June 2019. On the occasion of “World Blood Donor Day,” The camp was formally inaugurated by the Principal of the College followed by a motivational speech by the medical experts of AMCH about the objective of “World Blood Donor Day” and need of blood donation by stating various positive sides of donor’s body and mind and community at large.
4. **The Practice:** In the camp, more than 40 student volunteers including teachers of the college and a few locals donated blood. Prior to donation, the donor was screened to identify their quality of blood to be collected. As per the screening, the underweight and the contradicted persons were not allowed to donate blood as the medical advice.
5. **Evidence of Success:**
 - The donors, from the motivating session of the medical experts could understand the importance of this practice.
 - The donors got free health checkups in identifying the pulse rate, blood pressure, body temperature and their haemoglobin levels.
 - The donors were given a certificate of appreciation.
6. **Problems Encountered:** Some donors were found to be ignorant of their health status. It was also found that some villagers are much phobic to needles and blood draws. Some students and ruralites were found underweight and anaemic due to malnutrition and undernourishment.



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