

SEWA NSS News Bulletin

SESSION 2021-22 to 2023-24



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Editor

Kakoli Bonya Gogoi
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National Service Scheme Unit **KHOWANG COLLEGE**

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EDITORIAL

It gives us immense pleasure to present the second edition of "Sewa", the NSS News Bulletin of Khowang College, a reflection of the enthusiasm, dedication, and hard work displayed by our NSS volunteers throughout the past three years. The National Service scheme has been functioning with the motto "NOT ME BUT YOU" in view of making the youth inspired in service of the people and hence NSS has always been a beacon of selfless service and community welfare, and this newsletter is a tribute to the countless hours of effort invested by our student volunteers to make a meaningful impact on society.

In today's fast-paced world, where self-interest often takes precedence, the spirit of "Not Me, But You" stands as a powerful reminder of the values that NSS promotes. Be it organizing health camps, conducting environmental awareness drives, or contributing to social welfare initiatives, our volunteers have consistently risen to the occasion, addressing every issue with commitment and empathy.

This News Bulletin serves not just as a documentation of activities but also as a celebration of teamwork, enthusiasm and compassion. It is a testament to the fact that small actions can collectively lead to significant change. Through the stories shared here, we hope to inspire others to embrace the ideals of service, responsibility and active citizenship that NSS represents.

We would like to extend heartfelt gratitude to the Principal of our college for his incessant support and guidance in every initiative undertaken by the Unit. We are also thankful to Mr. Jangjilong, hon'ble Director of Regional Directorate of NSS, Guwahati and Prof. Devid Kardong, the Respected Programme Coordinator of NSS Cell, Dibrugarh University for their prompt support and guidance if and when sought. Last, but not the least, we would like to thank the NSS volunteers for their unwavering commitment to serving the community and embodying the spirit of selflessness.

May the information and experiences shared in this News Bulletin inspire more of us to step forward, lend a hand and build a better world to live in.

Kakoli Bonya Gogoi
Dr. Sachidananda Saikia
Editors, SEWA

MESSAGE FROM THE REGIONAL DIRECTOR, NSS GUWAHATI



It gives me great pleasure to convey my heartfelt congratulations to the NSS Unit of Khowang College on the publication of their NSS News Bulletin "SEWA". It is a praiseworthy initiative that reflects the commitment, enthusiasm and hard work of the NSS volunteers, coordinators and the entire college community.

The efforts of the NSS unit of Khowang College in promoting community service, environmental awareness, health initiatives and social responsibility are truly admirable. I wish you continued success in your endeavors and I hope that you will continue to uphold the core values of NSS as you move forward in your journey of community service.

This bulletin serves as an important record of your efforts and achievements. It highlights how each of you, as NSS volunteers, has embraced the motto "Not Me, But You" by prioritizing the welfare of others. Your service to society is a reflection of the power of youth in driving positive change and I am confident that your actions will continue to inspire others.

I congratulate all the students, NSS volunteers, and faculty members of Khowang College who have worked hard towards the publication of this News Bulletin.

With best wishes,

Jangjilong
Regional Director, NSS
Guwahati

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MESSAGE FROM THE PRINCIPAL



At the very outset, I extend my heartiest greetings to the entire NSS Unit of our college. The National Service Scheme has always played a crucial role in nurturing responsible citizens, instilling a sense of community and fostering the spirit of selfless service among our students. The NSS Unit of Khowang College has a unique identity of its own which has become a hallmark of the rural based institution. Through various activities, from social outreach programmes to environmental initiatives, our NSS volunteers have consistently demonstrated dedication, empathy, and leadership.

I am truly impressed by the resilience, creativity and passion that the NSS Unit brings to every project. Their efforts have not only helped uplift communities but also shaped the personal growth of each volunteer, building values that will last a lifetime.

As the head of the institution, I believe that service to society is one of the greatest contributions we can make as individuals. I encourage all students to embrace the opportunities NSS provides, to continue their good work, and to be inspired by the motto, "Not Me, But You," which reminds us that our actions, no matter how small, can make a difference.

It gives me immense pleasure to learn that the NSS Unit is going to publish the second issue of its News Bulletin "Sewa" very shortly. It is indeed a laudable effort and I sincerely appreciate this endeavour. I am sure that the upcoming edition of "Sewa" would serve as a record of all the activities conducted by the NSS Unit of the college, at the same time showcasing its achievements and strengthening the image of the college.

I offer my best wishes for the successful publication of "Sewa".

Long live NSS!

Dr. Trailokya Dehingia
Principal, Khowang College

MESSAGE FROM THE PROGRAMME COORDINATOR, NSS CELL, DIBRUGARH UNIVERSITY



I am delighted to extend my warm greetings to the NSS Unit of Khowang College on the occasion of the publication of their NSS News Bulletin. I am proud to see the NSS Unit of Khowang College upholding the core values of NSS and making tangible contributions in areas such as health, education, environment and social welfare. Your work not only benefits the local community but also fosters a deep sense of social responsibility and leadership among the volunteers.

The activities and achievements featured in this bulletin reflect the spirit of teamwork and the commitment of each volunteer to serve society with compassion and dedication. Your tireless efforts, whether in organizing awareness programs, conducting health camps or participating in environmental conservation drives, have made a significant impact, and I commend you for your valuable contributions.

I congratulate the Principal, NSS Programme Officer, volunteers, and all those involved in this publication. I am confident that this newsletter will inspire many more students to serve the community and contribute to the larger vision of nation-building through the NSS.

Wishing the NSS Unit of Khowang College continued success in all their future endeavors.

With best regards,

Prof. Devid Kardong
Programme Coordinator
NSS Cell, Dibrugarh University

Operational Reports

Plantation programme on the occasion of "Azadi ka Amrit Mahotsav"



The NSS Unit of Khowang College conducted a plantation programme on the occasion of "Azadika Amrit Mahotsav" on 1st September, 2021. In the programme, 30 different varieties of saplings, donated by the Department of Social Forestry, Dibrugarh Division, Govt. of Assam, were planted in the college campus. A total of 29 volunteers along with a number of faculty members participated in the programme.

Voluntary Blood Donation Camp

A Voluntary Blood Donation Camp was conducted in the premises of Khowang College under the banner of NSS Unit of the College on the 11th of September, 2021. In the programme Dr. Samrat Bhattacharjee, Medical Officer,



AMCH, Dibrugarh delivered an awareness speech on the benefits of blood donation. In the programme, the first issue of NSS News Bulletin "SEWA" edited by the programme Officer, Dr. Trailokya Dehingia was also inaugurated by Sjt Bipul Barua, Hon'ble President of the Governing Body of the College. For smooth conduction of the camp, Dr. Bhargav Mohan (PGT), AMCH, Dibrugarh, Khogen Dowerah and Mr. Arup Jyoti Khataniar, MSW, AMCH, were also present. A total number of 30 NSS volunteers including teachers donated blood in the camp.

Observation of NSS Day, 2021 A Talk on "Celebration of Azadi ka Amrit Mahotsav"



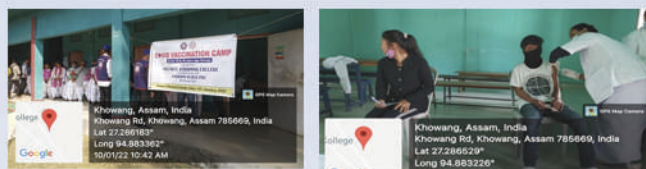
On the 24th September, 2021, the foundation day of NSS was observed in the premises of Khowang College in a befitting manner. On this very occasion, a special talk on the "Celebration of Azadi ka Amrit Mahotsav" was organized by the NSS Unit of Khowang College. Dr. Barun Dey, Assistant Professor, Department of Political Science, Dibrugarh University, was invited as the special guest for the event. He spoke on the importance of valuing freedom, and working to help the masses. In the programme, NSS certificates were distributed to all the deserving volunteers for the service and hard work they provided throughout the past years.

Participation in "Clean India Campaign" 2021



As a part of Clean India Campaign, 2021, The NSS Unit of Khowang College conducted cleanliness drives in the college premises on 23rd of October, 2021 and outside the college campus on 29th of October, 2021. 35 volunteers participated in the programme on both the days and collected plastic bottles, polythene and the non-degradable garbage from the public road from Khowang Ghat Market Centre to Khowang College Campus. Around 45 kgs of plastic and other garbage was collected which was sent to the local body of Khowang Ghat for proper disposal.

Covid 19 Vaccination Camp



NSS Unit, Khowang College organized a COVID 19 VACCINATION CAMP (for 15 to 18 years age group) in association with Khowang Block PHC on 10th January, 2022. A total number of 190 students from Khowang College and outside too got vaccinated in the camp. The Medical team consisted of: CVC Nodal Officer/AEFI/VO-2: Nayana Bora, CHO; VO-3: Pallab Sharma, BCO; VO-4: Chandrama Handique, Asha Supervisor; Vaccinator: 1) Momi Doley, ANM 2. Sumi Hazarika, ANM, Chenimari HWC.

Observation of National Girl Child Day, 2022



National Girl Child Day was organized by the NSS Unit of Khowang College in collaboration with IQAC of the college on 24th January, 2022. Three female students of the college, namely – Karabi Bhakta (Captain of Assam Women's Cricket Team, U19), Gayatri Gurung (Assam Women's Cricket Team) and Monjita Sonowal (represented Assam in Khelo India Youth Games, 2020 and participated in Subrata Cup Football Tournament) were felicitated in the event.

Covid 19 Vaccination Camp



NSS Unit, Khowang College organised a COVID 19 VACCINATION CAMP (for 15 to 18 years age group) in association with Khowang Block PHC on 11th February, 2022. The camp was formally inaugurated by the principal

Dr. Trailokya Dehingia. A total of 132 students were vaccinated (Covaxin 2nd dose) in the camp. The Medical team consisted of: CVC Nodal Officer/ AEFI/VO-2: Nayana Bora, CHO; VO-3: Pallab Sharma, BCO; VO-4 : Chandrama Handique, Asha Supervisor; Vaccinator: 1) Bina Gogoi, ANM 2) Reema Gogoi, ANM

Talk Programme on "Career Prospects and Job Opportunities for Language Learners"



A talk programme on "Career Prospects and Job Opportunities for Language Learners" was organized on 12th of February, 2022 jointly by the NSS Unit and Career Counseling, Guidance and Information Cell of Khowang College. The programme was attended by the Principal, Dr. Trailokya Dehingia, as well as the teachers and students of the college. Dr. Jitu Borah, Assistant Professor, Department of Assamese, Dibrugarh University was present as the Invited Speaker. Dr. Borah, in his speech, gave elaborate details of the career options that are available for students who have honours in language and literature subjects.

Live Broadcast of Pariksha Pe Charcha, 2022



Pariksha Pe Charcha is part of the larger movement - 'Exam Warriors,' led by Prime Minister Narendra Modi ji, to create a stress-free atmosphere for youngsters. NSS Unit of Khowang College arranged a live viewing for the students of the College on 31st of March, 2022.

One- day Workshop on Vermicomposting

A one-day workshop on Vermicomposting was held on 20th of May, 2022 in the college premises which was organized jointly by the NSS Unit, Career Counseling, Guidance and Information Cell and Eco Club of Khowang College



in collaboration with the District Agriculture Office, Dibrugarh. The programme was inaugurated by the Principal of the college, Dr. Trailokya Dehingia. Mr. Prerona Probor Gogoi, Technical Officer and Consultant, District Agriculture Office, Dibrugarh was present as the Resource Person. Mr. Gogoi laid down the benefits of producing organic manure and demonstrated the process of vermicomposting and inspired the students to try their hands at it and also spoke on its commercialization. He praised the initiative taken by Khowang College to produce vermicompost and assured that the District Agriculture Office shall provide four Vermi bags for it. He also promised to assist in any future endeavors undertaken by the college for producing and marketing of vermicompost. Dr. Sachidananda Saikia, Programme Officer of the NSS Unit of Khowang College hosted the programme which was attended by more than 50 students.

Inauguration of Yoga and Meditation Centre



As a part of observation of International Yoga Day 2022, Khowang College opened a YOGA & MEDITATION CENTRE in the college premises with the motive of fostering physical and mental wellness. The centre was formally inaugurated by the hon'ble principal of Khowang College and former Programme Officer of the NSS Unit of the College, Dr. Trailokya Dehingia. The NSS unit of the college will maintain the centre and will introduce an ADD-ON course on Practical Yoga shortly.

Cleanliness Programme at College Campus & Vicinity



Volunteers of NSS Unit, Khowang College performed a cleanliness programme at college campus and nearby areas on 25th and 26th May, 2022.

Observation of World Environment Day, 2022



The NSS Unit and Eco Club of Khowang College jointly observed the "World Environment Day 2022" on 4th and 5th June in collaboration with Khowang Range Forest Office. On 4th of June, 2022 the NSS volunteers conducted a cleanliness programme at Uttar Dehing L.P. School and nearby areas of Kawoimari (Adopted Village) and a drawing competition on environmental issues was also organized among the students of Uttar Dehing LP School. In addition to these, an Inter-Department Poster Making Competition on the theme "Climate Emergency, Earth Democracy and Extinction Emergency" was organized among the students of Khowang College. On 5th of June, the activities of World Environment Day started with a tree plantation programme flagged off by Dr. Trailokya Dehingia, Principal of Khowang College at 9:00 am. A total number of 24 saplings of Bakul (Mimusops Elengi) and Sonaru (Golden shower) were planted by the NSS volunteers at the college campus. The saplings were provided by the Khowang Range Forest Officer. This was followed by an awareness programme at the premises of Kawoimari Uttar Dehing LP School. The awareness programme started with a plantation drive initiated by Mr. Krishna Hanche, Forest Range Officer, Khowang and Mrs. Dipali Saikia, Vice-Principal of Khowang College. The programme was hosted by Dr. Sachidananda Saikia, Programme Officer, NSS Unit, Khowang College and was formally inaugurated by Dr. Trailokya Dehingia, the Principal of the College. The main talk was delivered by Range Officer Mr. Krishna Hanche. Mrs. Dipali Saikia, Vice-Principal of the college addressed the gathering and Mrs. Subhadra Das, Headmistress of Uttar Dehing LP School, local youth Mr. Niranjana Das and NSS senior volunteer Mr. Parama Kalita of the college have also expressed their thoughts. The results of the competitions were announced by Mr. Nityanandra Das, Coordinator of Eco Club and the prizes were distributed at the meeting. The meeting concluded with a vote of thanks by Dr. Sachidananda Saikia, Programme Officer of NSS Unit, Khowang College.

Observation of International Yoga Day, 2022



On the 21st of June, 2022, International Yoga Day was observed in the premises of Khowang College, organized by the NSS Unit of the College. The event began with the students and the faculty assembling in the Yoga and Meditation Centre of Khowang College to observe the International Yoga Day, 2022 for which the theme is “Yoga for Humanity”. The College observed a 15 Days Yoga Training Programme from 7th June to 21st June, 2022. On the last day of the event, two students from B.A. 6th Semester- Shivani Gogoi and Puspa Sonowal, along with the Principal of the college Dr. Trailokya Dehingia, Dr. Deepali Bhattacharjee, Associate Professor of the Department of Economics and Dr. Sajmina Akhtar, Associate Professor of the Department of History took the lead in demonstrating yoga poses while all the other students as well as faculty members of the College followed their instructions.

Flood Relief Camp



A Flood Relief Camp was conducted by NSS Unit of Khowang College in association with the Teachers' Unit, Womens' Cell, Non-Teaching Employees and the Students' Union of the college on 6th July, 2022 in the Khowang Haladhibari Moina Gaon. Relief materials were distributed to 52 families through the camp. In the package there are ready to eat edible items, grains, biscuits, phenyle, Antiseptic Soap, Sanitary Pads and clothes etc. The camp formally started with an address to the gathering by the Principal of the college, Dr. Trailokya Dehingia. More than twenty members of Khowang College fraternity reached the camp by boat and trekking by the road and assisted in the proper distribution of the relief materials to the beneficiaries.

Celebration of 75th Independence Day



The NSS Unit of Khowang College celebrated the 75th Independence Day of India in conjunction with the “Har Ghar Tiranga” programme under Azadi Ka Amrit Mahotsav. The celebration included Prabhat Feri inaugurated by the Principal of the college Dr. Trailokya Dehingia in which a large number of students of the college and faculty members took part. After the Prabhat Feri, the national flag was distributed among 50 households in the presence of the Principal of the college Dr. Trailokya Dehingia at a meeting held at Kawoimari village (adopted village).

Chief Minister's Institutional Plantation Programme (CMIPP)



The NSS Unit of Khowang College celebrated the 75th Independence Day of India in conjunction with the “Har Ghar Tiranga” programme under Azadi Ka Amrit Mahotsav. The celebration included Prabhat Feri inaugurated by the Principal of the college Dr. Trailokya Dehingia in which a large number of students of the college and faculty members took part. After the Prabhat Feri, the national flag was distributed among 50 households in the presence of the Principal of the college Dr. Trailokya Dehingia at a meeting held at Kawoimari village (adopted village).

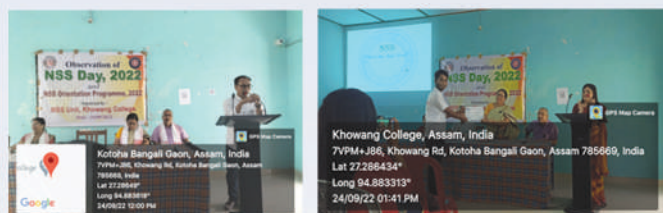
Campus Cleanliness Drive



The NSS Unit of Khowang College celebrated the 75th Independence Day of India in conjunction with the “Har Ghar Tiranga” programme under Azadi Ka Amrit

Mahotsav. The celebration included Prabhat Feri inaugurated by the Principal of the college Dr.Trailokya Dehingia in which a large number of students of the college and faculty members took part. After the Prabhat Feri, the national flag was distributed among 50 households in the presence of the Principal of the college Dr. Trailokya Dehingia at a meeting held at Kawoimari village (adopted village).

Observation of NSS Day, 2022 and Orientation for New Volunteers



The NSS Unit of Khowang College observed the NSS Foundation Day, 2022 as well as Orientation for new Volunteers on 24/09/2022. The programme included inaugural talk by the Principal of the college, Dr. Trailokya Dehingia, who was previously the Programme Officer of the NSS Unit of the college and was awarded the Best Programme Officer for the year 2020-2021 by the NSS Cell of Dibrugarh University. Mrs. Dipali Saikia, the Vice-Principal of the college and Mr. Protim Sharma, the President of the Khowang College Teachers' Unit and the Head of the Department of Political Science also spoke on the role of NSS in building the campus community linkage. In the programme a total number of 26 volunteers were given certificates for their service as NSS volunteers for 2 years. The meeting also had cultural programme where NSS volunteers as well as teachers of the college performed.

Cleanliness Drive at Khowang Ghat



A Cleanliness Drive was conducted at Khowang Ghat area by the volunteers of NSS Unit, Khowang College on 6th of October, 2022 as a part of Clean India Campaign 2.0. Starting from the auto-stand through the Puja Pandals to the daily market area, the whole Khowang Ghat area was cleaned by the volunteers and approximately 60 kgs of plastic waste was collected and disposed properly. The whole initiative was appreciated by the local people of Khowang Ghat area.

Observation of International Rural Women's Day



The NSS Unit and Women Cell of Khowang College organized an event on the occasion of International Rural Women's Day at Kawoimari Gaon (adopted village) On 15th of October, 2022. The Principal of the college, Dr. Trailokya Dehingia spoke on the significant role of the rural women on the eradication of hunger and poverty from the world. A Street Play named "Uttaran" written by NSS Volunteer, Ms. Ila Borah was also enacted at the daily market area of Khowang Ghat by the members of Parijat-the Drama Club of Khowang College as a part of the event.

Fit India Freedom Run 3.0



The NSS Unit, Khowang College organized a Run on 27th of October, 2022 from Khowang Chariali to Khowang Ghat (approximately 4 kms) as a part of Fit India Freedom Run 3.0. The Principal of the college, Dr. Trailokya Dehingia flagged off the event. A total number of 30 volunteers participated in the event. .

Observation of National Unity Day, 2022



NSS Unit of Khowang College observed National Unity Day today in collaboration with Students' Union of the college on 31st of October, 2022. The event started with paying homage to the Ironman of India, Sardar Vallabhbhai Patel by the Principal of the college Dr. Trailokya Dehingia, other faculty members of the college and NSS volunteers. The Principal also addressed the

gathering and spoke on the contribution of Sardar Vallabhbhai Patel in the making of the union of India. All the members of the gathering took the Unity Pledge and after that the NSS volunteers participated in the Unity Day Run. The Run was flagged off by the Principal of the college and a number of faculty members accompanied the volunteers.

Campus Cleanliness Drive



A Campus Cleanliness drive was conducted by the volunteers of NSS Unit, Khowang College on 9th of November, 2022. A number of faculty members of the college also guided and assisted the volunteers in the event. The front yard of the college, the bike and bicycle stand, the car parking lot, the backyard, the classrooms and the area outside the college gate and boundary wall were cleaned in the event. A total number of 30 volunteers participated in the event.

Celebration of the 400th Birth Anniversary of Bir Lachit Barphukan



The NSS Unit of Khowang College organized a Cultural Rally on 23rd of November, 2022 jointly with Women Cell and Department of History of the college commemorating Bir Lachit Barphukan on his 400th birth anniversary. The Principal of the college, Dr. Trailokya Dehingia flagged off the rally. Before that, he also spoke on the values that we should imbibe from the life of the great general, like courage, valour, dedication, sincerity towards one's duties and sacrifice for the greater good of the community. A total number of 78 students participated in the cultural rally.

Observation of Constitution Day, 2022



The NSS Unit of Khowang College in collaboration with the Dept of Political Science of the college conducted a special lecture on "India: The Mother of Democracy" on the occasion of Constitution Day on 26th of November, 2022. The Preamble to the Constitution of India was read out in unison by everyone present in the meeting. The Speaker of the programme, Mr. Protim Sarmah, Associate Professor and Head, Dept of Political Science, spoke on the exclusiveness of the Indian Constitution and how its principles define the whole nature of the Indian democracy. The talk programme ended with the singing of the National Anthem. In addition to this programme, 71 volunteers of the NSS Unit of the college participated in the "Reading of the Preamble to the Constitution" Campaign carried out by the Ministry of Parliamentary Affairs, Government of India and were issued certificates. Besides, 17 volunteers also participated in the "Online Quiz on the Constitution of India" which was also organized by the Ministry of Parliamentary Affairs, Government of India and were issued certificates.

Free Health Check-Up Camp



The NSS Unit of Khowang College organized a Free Health Check up Camp in collaboration with Khowang Block PHC at Kawoimari Gaon on 27th of December, 2022. A total number of 56 residents of Kawoimari availed the service of the Health Camp in which necessary medicine was given out to the needy one. In addition, sanitary pads were also distributed among adolescent girls of the locality in the camp. The Medical Team included: Dr. Reben Kakoti – MO, Ampa Das – Pharmacist, Khowang BPHC, Rukmini Sonowal – ANM (Nurse), Khowang BPHC, Pankaj Sharma.

College Campus Cleanliness Drive



A Campus Cleanliness drive was conducted by the volunteers of NSS Unit, Khowang College on 21st of January, 2023. The front yard of the college, the bike and bicycle stand, the car parking lot, the backyard, the classrooms and the area outside the college gate and boundary wall were cleaned in the event. A total number of 30 volunteers participated in the event.

Observation of International Girl Child Day, 2023



A "Health Camp for Adolescent Girls" was organized at Pithubar Girls' Degree College by NSS Unit of Khowang College in collaboration with Women Cell of Khowang College and NSS Unit of Pithubar Girls' Degree College on the occasion of International Girl Child Day, 2023. The event was aided by Rastriya Bal Swasthya Karyakram, Khowang BPHC.

Details of the Medical Team (R.B.S.K., Khowang Block)

1. Dr. M. Khatun - MO (A), RBSK, Khowang BPHC
2. Dr. T. Das - MO (A), Khowang BPHC
3. Ampa Das - Pharmacist, Khowang BPHC
4. Rukmini Sonowal - ANM (Nurse), Khowang BPHC
5. Dr. R. Kakoti - SMO, Khowang PHC

Special Camp on "Women and Children's Health"

NSS Unit, Khowang College successfully conducted its Special Camp on "Women and Children's Health". The Camp was organized at Kawoimari Gaon (adopted village) from 20 to 25 February, 2023. In the inaugural ceremony held on the first day of the camp, Dr. Trailokya Dehingia, the Principal of Khowang College inaugurated the camp. Mr. Dudu Dutta, District Social Welfare Officer, Dibrugarh was present as the Guest of Honour in the inaugural ceremony. An awareness Talk on "Child Development and Protection" was conducted on that day in which Ms. Rubi Das, Programme Officer, District Child

Protection Unit (NIC), Dibrugarh extended service as the invited speaker. On the second day of the Special Camp, a Free Health Check-Up Camp was organized in which Dr. Sonam Sharma, Gynaecologist and Dr. Mayank Rawat, Paediatrician from Assam Medical College were present as medical experts. A total number of 82 beneficiaries attended the camp. Door to Door Awareness on Nutrition and Healthy Food Habit was carried out by the volunteers at Kawoimari Gaon on the third and fourth day of the camp. On the fourth day, a Self Defence Training for Girls was also conducted. Monjit Barman and Jugita Mohan, both Taekwondo National Level Players, trained the participants on various self-defence skills. Yoga Training was organized on the fifth day of the camp. Dr. Deepali Bhattacharjee, assisted by NSS Volunteers Sangita Gogoi and Surajit Phukan instructed the participants on various yoga asanas and their benefits. On Day 6, a Cleanliness Drive was conducted at Kawoimari Gaon. A free Eye Check-Up Camp was also conducted on the sixth day in association with District Blindness Control Society, Dibrugarh. Specialist medical practitioners, Dr. Porishmita Baruah and Dr. Anwesha Banerjee from Assam Medical College and Hospital were present as medical experts. A total number of 113 beneficiaries attended the camp. The camp concluded with the closing ceremony held on 25th of February, 2023 which was attended by the Principal as well as other faculty members of the college as well as the members of village administration of Kawoimari Gaon.



Survey of Youth not in Formal Education or Regular Employment

As per direction from the Government of India, the volunteers of NSS Unit Khowang College conducted a survey of youth who are not in formal education or regular employment in the adopted villages of Kawoimari N.C. and Kotoha Bangali Gaon from 29th of March to 1st of April, 2023. The survey was done in 400 households in both the villages. A total number of 28 volunteers conducted this survey.

Observation of World Environment Day, 2023



A weeklong plantation programme was undertaken by the NSS Unit in collaboration with the Eco Club of Khowang College from 5th to 11th of June, 2023. A total number of 54 saplings were planted by the volunteers inside and outside the college campus under this programme. An exhibition of Art and Craft was also organized on 5th of June, 2023 by the NSS Unit in collaboration with the Incubation Centre of the college in which various items made of clay and bamboo were displayed.

Observation of International Yoga Day, 2023



The 9th International Day of Yoga was observed by the NSS Unit of Khowang College. The event began with the taking of the Yoga Day pledge. Mr. Chayan Banerjee acted as the Resource Person in the Yoga Demonstration event organized on the occasion.

College Campus Cleanliness Drive



The volunteers of NSS Unit undertook a cleanliness programme inside the college campus on 16th of July, 2023 on the eve of the 42nd Foundation Day of the college.

Observation of August Kranti Divas

A Talk on “Understanding India” and a written quiz programme was organized by NSS Unit and Rupkonwar House, a common house of the Department of History and Political Science, Khowang College on 9th of August, 2023. Prof. Protim Sharma, Associate Professor and Head

of the Department of Political Science, Khowang College spoke on the significance of Quit India Movement that paved the way for India's eventual independence in 1947 and remains a cornerstone of India's national identity, inspiring generations to uphold the values of democracy, freedom, and unity.



Participation in Mera Mati Mera Desh Campaign



As a part of the #merimatimeradeshcampaign, the NSS UNIT, Khowang College conducted a number of events on 14th of August, 2023. At first the volunteers of the Unit along with the Programme Officer took the Panch Pran Pledge. The Principal of the college Dr. Trailokya Dehingia, Vice Principal Mrs. Dipali Saikia, Head, Dept. of English, Mr. Biju Chetia, Mr. Nityanandra Das, Asst. Prof, Dept. of Political Science and Mr. Tapan Sarmah, Guest Faculty, Dept. of Political Science also took part in the Pledge taking ceremony. The Principal addressed the volunteers and appealed to them to work with sincerity and dedication. After that the volunteers conducted a cleanliness drive inside the college campus. This was followed by plantation of indigenous saplings around the amrit sarovar situated in front of the college. After that the volunteers and the PO of the Unit, accompanied by Daisy Priya Gogoi, Asst. Prof, Dept. of English, distributed National Flags among the students and workers of Dehing Sonali Mazdur LP School.

Amrit Brikshya Andolan



The volunteers of NSS Unit, Khowang College, with great zeal and enthusiasm, participated in the Amrit Briksha Andolan, launched by the Govt. of Assam on 17th of

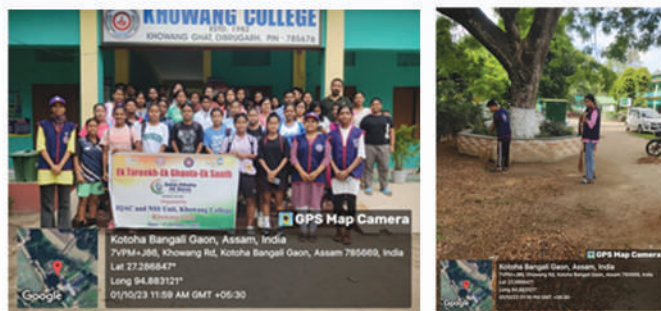
September, 2023 with an aim to plant more than 1 crore plants across the state. As a part of the initiative, the programme was organized by the NSS Unit and IQAC in association with the Students' Union of the college. Members of teaching and non-teaching staff of the college along with NSS volunteers and members of the Students' Union of the college participated in the plantation programme in which a total number of 100 mahogany saplings were planted.

Observation of NSS Day, 2023 and Orientation of New Volunteers



The NSS Day, 2023 was observed by NSS Unit, Khowang College on 25th of September, 2023. In the same programme, the Orientation of newly enrolled NSS Volunteers was also conducted. The programme started with the singing of the NSS theme song by the volunteers of the unit. The Principal of the programme, Dr. Trailokya Dehingia, who was also the former Programme Officer of NSS Unit of the college introduced the new volunteers to the activities and scope of NSS activities. The Vice-Principal of the college, Mrs. Dipali Saikia and Mr. Biju Chetia, Assistant Professor and Head of the Department of English also spoke on the importance of enrolling in NSS and working for the upliftment of the society around us.

Cleanliness Programme in the College Campus (Ek Tareekh-Ek Ghanta-Ek Saath)



The NSS Unit of Khowang College and the IQAC of the college undertook a cleanliness programme of the college campus under the Ek Tareekh-Ek Ghanta-Ek Saath campaign on 1st of October, 2023. enrolling in NSS and working for the upliftment of the society around us.

Amrit Kalash Yatra (under merimatimeradeshcampaign)



Amrit Kalash Yatra, under #merimatimeradeshcampaign was organized at Khowang College today by NSS UNIT, Khowang College and IQAC in collaboration with Students' Union on 13th of October, 2023. The principal of the college, Dr. Trailokya Dehingia, inaugurated the programme and spoke on the significance of the merimatimeradesh campaign.

International Rural Women's Day, 2023



The NSS Unit of Khowang College along with the Women Cell distributed sanitary napkins and iron tablets to about hundred female employees of the Khowang Tea Estate on 15th of October, 2023 on the occasion of International Rural Women's Day, 2023. In the programme, Mr. Apurva Chutia, Director of Khowang Tea Estate, Bhaskar Baruah, Assistant Director, Dr. Arun Kumar, Medical Officer of Khowang T.E. Health Centre were present along with Dr. Sajmina Akhtar, Convenor of Women Cell and Kakoli Bonya Gogoi, NSS Programme Officer along with the Women Cell members Daisy Priya Gogoi and Nayana Bora, and Raktima Goswami. Dr. Sajmina Akhtar gave a speech on the need to make the rural women aware of how they should report against issues of domestic violence, alcoholism etc. Dr. Arun Kumar and Daisy Priya Gogoi spoke on the need to maintain menstrual health.

National Unity Day, 2023



The National Unity day, 2023 was organized in Khowang College by the NSS Unit of the college in association with the Students' Unit of the college on 31st of October, 2023.

As a part of the programme, floral tribute was paid to the portrait of Sardar Ballabh Bhai Patel and the Ekta Divas Pledge was taken by everybody present. The Principal of the college, Dr. Trailokya Dehingia addressed the gathering and spoke on the great personality of the Iron Man Sardar Ballabh Bhai Patel. An extempore Speech competition was also conducted among the students of the college as a part of the programme. The result of the competition is as follows: 1st- Debojit Saikia, 2nd – Ghuronjyoti Chelleng and Partha Protim Hazarika, 3rd- Niraj Gogoi

Blood Donation Camp and Awareness Programme



A blood donation camp was held at Khowang College on 8th of November, 2023. The camp was organized by NSS UNIT, Khowang College and IQAC of Khowang College in association with Blood Bank, AMC&H Dibrugarh. An awareness programme on Blood Donation was also held prior to the camp in which the Principal of the college, Dr. Trailokya Dehingia and Dr. Nitamoni Khandiat, Medical Officer of Blood Bank of AMC&H sensitized the students on the benefits and criteria of blood donation. In the blood donation camp held after that, a total of 30 number of NSS Volunteers and alumni of the college donated blood.

Two-Days Self Defence Camp for Girls



On the occasion of National Girl Child Day, 2024, a two-days self defense camp was organized by the NSS Unit and Women Cell of Khowang College in collaboration with the nearby Sankardev Jatiya Vidyalaya on 24th and 25th of January, 2024 to provide training on techniques of self defense to the students of the school. Mr. Monjit Barman, a black belt holder in Taekwondo and winner of World Sports Star Award, 2022 rendered service as the instructor of the camp.

Road Safety Awareness Programme



A Road Safety Awareness Programme was organized by the NSS Unit and Transport Management Cell of Khowang College in association with Dibrugarh District Road Safety Committee on 10th of February, 2024. Motor Vehicle Inspector, Makhan Dutta, Enforcement Officer, Pinaki Dutta and Member of District Transport Safety Committee, Ratan Hazarika were present as the Resource Persons in the programme.

Special Camp on 'Fostering Self Reliant Rural Livelihood'

A Special Camp on "Fostering Self Reliant Rural Livelihood" was conducted by the NSS Unit of Khowang College from 26th February to 2nd of March, 2024 at Rangchali Nepali Gaon (adopted village) in association with Rangchali Yuva Sangha. The aim of the camp was to educate and sensitize the villagers regarding various ways of acquiring a self reliant livelihood. The camp was formally inaugurated by the Principal of the college Dr. Trailokya Dehingia. On the first day of the camp, the volunteers conducted door-to-door survey on people who are interested in becoming self reliant through organic farming and appealed to them to avail the service provided in the camp. On the second day, training was given on horticulture and mushroom cultivation. Dr. Sharmistha Buragohain, Subject Matter Specialist of Horticulture and Dr. Sanghamitra Sarma, Subject Matter Specialist of Plant Protection, Krishi Vigyan Kendra, Dibrugarh were present as the Resource Persons. On the third day, training on improvised eri spinning wheel was provided. Mr. Ranjan Gogoi, Sericulture Demonstrator, Sericulture Office, Dibrugarh and Mrs. Jinu Khanikar, Sericulture Inspector, Sivasagar were present as the instructors. On the fourth day, Dr. Sangeeta Borah Saikia, Subject Matter Specialist of Community Science, Krishi Vigyan Kendra, Dibrugarh trained the participants on various techniques of food processing. On the fifth day, the volunteers enrolled in the camp, along with the members of Rangchali Yuva Sangha, conducted a massive plantation drive alongside the road connecting Rangchali Nepali Gaon and Khowang Tea



Estate. The volunteers also planted a number of saplings in the premises of Bapuji Rangchali Nepali M.V. School. Also, the volunteers made bamboo dustbins and brooms to be used at Bapuji Rangchali Nepali M.V. School. On the last day of the camp, the volunteers conducted a cleanliness drive at Rangchali Nepali Gaon. A number of books were also donated to the library of Bapuji Rangchali Nepali M.V. School. The closing ceremony of the camp was graced by the presence of Mr. Bipin Sharma, President of the Governing Body and Dr. Trailokya Dehingia, Principal of Khowang College. A cultural programme was also held as a part of the closing ceremony in which a number NSS volunteers and other children from the locality participated.



Online Lecture on Women Empowerment and Role of NSS

On the occasion of International Women's Day, 2024, an online Lecture on "Women Empowerment & Role of NSS" was organized by NSS Unit and Women Cell, Khowang College, on 8th March, 2024, through Zoom Platform. Dr. Rimjim Borah, Associate Professor, Department of Economics and Programme Officer, NSS Unit, Gargaon College, was the invited speaker.

Observation of World Water Day, 2024



World Water Day, 2024 was observed in the college campus under the initiative of Eco Club and NSS Unit of Khowang College on 22nd of March, 2024 in collaboration with the Public Health Engineering Department, Dibrugarh. Mohammad Mokim Hussain, Co-ordinator of Dibrugarh District Public Health Engineering Department, Khowang Region and Pranjal Chutia, Community Wash Coordinator of Moran Public Health Engineering Department. The meeting was attended by the students of both Khowang College and Pithubar Girls' Degree College.

Voter Awareness Programme

A Voter Awareness Programme was organized at Khowang College on 4th of April, 2024 by the NSS Unit of Khowang College in collaboration with SVEEP Cell of Dibrugarh District Administration. Biju Chetia, Assistant Professor and Head of the Department of English and Nityanandra Das, Assistant Professor of the Department of Political Science delivered speech in the programme.



Observation of World Anti Tobacco Day, 2024

A Speech Competition was held among the students of the college on the occasion of World Anti Tobacco Day on 31st of May, 2024. The event was organized by the NSS Unit, Eco Club and Teachers' Unit of the college. Lakhinandan Kalita got the first prize, Prerona Bora and Juganta Kalita got the second prize, Swapnil Anjan Das got the third prize and Parihar Gogoi got the consolation prize in the competition.

Observation of World Environment Day, 2024

World Environment Day, 2024 was celebrated at Khowang College under the initiative of NSS Unit, Eco Club and Teachers' Unit of the college on 5th of June, 2024. Tree saplings were planted inside the college campus as a part of the programme. A speech competition was also organized as a part of the programme in which Rishi Raj Bharali secured the first prize, Lakhinandan Kalita got the second prize and Lakhinandan Kalita and Swapnil Anjan Das jointly secured the third prize in the competition.



Lecture on "Coping with the Challenges of Adolescence"

A special lecture on "Coping with the challenges of Adolescence" was organized by the IQAC, Women Cell and NSS Unit of Khowang College in collaboration with Radio Gyanmalinee of Dibrugarh University on 19th of June, 2024. Tousifa Ahmed Hussain, Niharika Borgohain and Happy Baglary, Assistant Professors of Centre for Studies in Applied Psychology, Dibrugarh University were present as the Resource Persons in the programme.



Observation of 10th International Yoga Day

A three days yoga workshop was organized by the NSS Unit and Games and Sports Cellof Khowang College in the college premises from 18th to 20th of June, 2024. Dr. Deepali Bhattacharjee, Surajit Phukan, Justin Xalxo and Nikita Gogoi acted as the Resource Persons in the Workshop. On 21st of June, 2024, the NSS Unit and Games and Sports Cell of the college organized a Yoga Demonstration Programme in which the Principal of the college, teachers and students of the college actively took part.



Cleanliness Drive at Kotoha H.S. School

The NSS Unit of Khowang College conducted a cleanliness programme at Kotoha Higher Secondary School on 25th of June, 2024. The volunteers of NSS Unit cleaned the school campus, classrooms and the vicinity of the school under the able leadership of the Programme Officer of the NSS Unit of the college Mrs. Kakoli Bonya Gogoi. The volunteers were also assisted by the faculty members and students of the school. The School authority highly appreciated the initiative of the NSS Unit and he expressed his eagerness for further collaborative initiatives in near future.



Dibrugarh District Inter School Competition

On the occasion of 55th Death Anniversary of Kolaguru Bishnu Prasad Rabha, an Inter-school competition among the schools of Dibrugarh District was organized by the IQAC, Teachers' Unit, NSS Unit and Kalaguru House of Khowang College in association with Kotoha Higher Secondary School on 28th of June, 2024 at Kotoha H.S. School. Poetry Recitation Competition and Speech Competition were conducted in Category A (Class V to VIII) and Category B (Class IX to XII) respectively. The winners of the competition are: Category A: 1st Prize - Jadumani Konwar, (Senchowa Pukhuri H.S. School), 2nd Prize - Hemanjali Pal, (Sonowal Charitable 'Trust Girls' High School), 3rd Prize - Kaveri Barua (Kotoha H.S. School). Category B: 1st Prize - Garima Konwar (Senchowa Pukhuri H.S. School) and Prerona Borah, (Khowang College), 2nd Prize- Lakhinandan Kalita, (Khowang College) and 3rd Prize - Richa Changmai (Kotoha H.S. School).



BEST NSS PROGRAM OFFICER AWARD

Dr. Trailokya Dehingia, Programme Officer of NSS Unit, Khowang College achieved the prestigious Dibrugarh University NSS Award for the year 2020-21 in the category of Best Program Officer on 27th May, 2022.



PARTICIPATION OF NSS VOLUNTEERS

Eight volunteers of NSS Unit Khowang College, Surajit Phukan, Tonmoy Phukan, Subhadra Das, Nikita Gogoi, Nihamoni Gogoi, Debojit Saikia, Ankur Jyoti Barua and Trishna Saikia participated in "Yuva Samvad" - India @2047 organized by NSS P.G. Unit, Dibrugarh University in collaboration with NSS Cell, D.U. on 13th of February, 2024



ADD ON COURSE ON APPLIED YOGA

The NSS Unit of Khowang College offers an Add on Course on Applied Yoga which is approved by Dibrugarh University. The duration of the course is 9 months. Total number of available seats in the course is 50.



ACHIEVEMENT OF NSS VOLUNTEERS

Four volunteers of Khowang College NSS Unit, Surajit Phukan, Lucky Borah, Sristi Chetia and Pritam Newar were part of Team Assam which won the second position in Folk Dance in the North-East NSS Festival 2023-24 at NERIST, Nirjuli, Arunachal Pradesh, from 31st March to 4th April, 2024.



Lucky Borah, a volunteer of Khowang College NSS Unit won the third position in Poster Making Competition in the North-East NSS Festival 2023-24 held at NERIST, Nirjuli, Arunachal Pradesh, from 31st March to 4th April, 2024.



PARTICIPATION OF NSS VOLUNTEERS

Two volunteers, Sampriti Gogoi and Pritam Newar, participated in Three Days Zonal Camp on Leadership Development and Capacity Building for NSS Volunteers organized by NSS Cell, Dibrugarh University in collaboration with D.U. NSS P.G. Unit from 16th to 18th February, 2024

